SAMARITANS Scotland



Suicides in Scotland

The overall, male, and female suicide rates in Scotland have remained relatively unchanged in 2025, compared with 2024.

Males are **3 times more likely** to die by suicide in Scotland than females.

Suicides in Scotland 2025

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703 suicides were registered in 2025

522 Male
74% | 21.9 per 100,000

181 Female
26% | 7.1 per 100,000

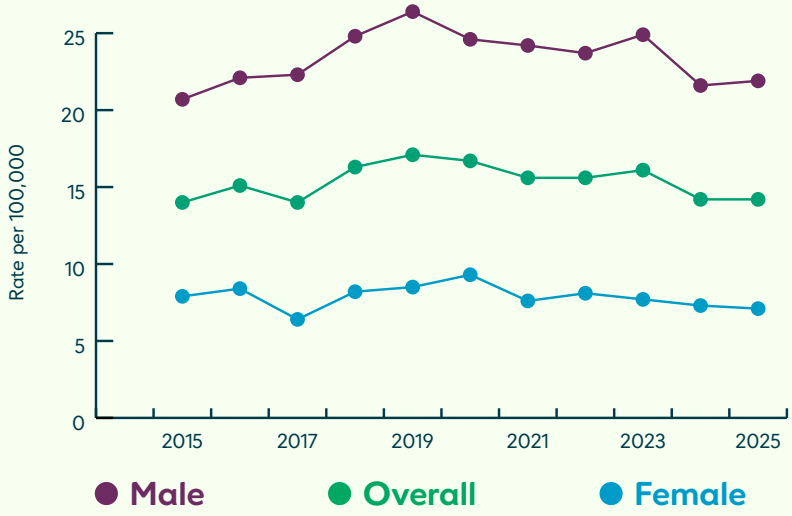
The suicide rate in 2025 was **14.2** per 100,000

Age groups with highest suicide rate per 100,000

36.4 Male 50–54 years

13.2 Female 50–54 years

Suicide rate per 100,000 in Scotland 2015–2025



Notes about data: Data source – National Records of Scotland (NRS). Suicide refers to deaths where the underlying cause is **intentional self-harm** and **events of undetermined intent.** Data reflects suicide registrations in Scotland. Increases/decreases are based on one year of data. These may not indicate longer term trends and may not be statistically significant. Overall rates for males, females and all persons are age standardised. Rates broken down by age group are crude.

Scotland suicide numbers:

All persons, males and females and by age group, 2023–2025

Scotland	2023			2024			2025		
Number of deaths for persons aged 10+	**Overall 789**	**Male 589**	**Female 200**	**Overall 704**	**Male 518**	**Female 186**	**Overall 703**	**Male 522**	**Female 181**
Number of deaths by age group (years)	**Overall**	**Male**	**Female**	**Overall**	**Male**	**Female**	**Overall**	**Male**	**Female**
10-14	3	3	0	1	1	0	**1**	1	0
15-19	26	17	9	22	18	4	**15**	8	7
20-24	53	37	16	40	31	9	**42**	29	13
25-29	58	49	9	49	32	17	**47**	34	13
30-34	64	48	16	63	52	11	**56**	41	15
35-39	89	75	14	81	54	27	**78**	62	16
40-44	86	69	17	69	53	16	**62**	47	15
45-49	69	57	12	61	43	18	**71**	56	15
50-54	91	61	30	79	54	25	**86**	62	24
55-59	89	62	27	80	59	21	**78**	59	19
60-64	54	37	17	62	45	17	**58**	41	17
65-69	38	26	12	29	24	5	**41**	28	13
70-74	25	20	5	29	22	7	**30**	23	7
75-79	20	14	6	17	12	5	**14**	10	4
80-84	11	6	5	14	12	2	**16**	14	2
85+	13	8	5	8	6	2	**8**	7	1

Source: **ScotPHO.** New coding rules used.

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Scotland suicide rates:

All persons, males and females and by age group, 2023–2025

Scotland	2023			2024			2025		
Rates per 100,000 for persons aged 10+	Overall 16.1	Male 24.9	Female 7.7	Overall 14.2	Male 21.6	Female 7.3	Overall 14.2	Male 21.9	Female 7.1
Rates per 100,000 by age group (years)	Overall	Male	Female	Overall	Male	Female	Overall	Male	Female
10-14	1.0*	1.9*	0.0	0.3*	0.6*	0.0	**0.3***	0.6*	0.00
15-19	8.7	11.2*	6.2*	7.3	11.8*	2.7*	**4.9***	5.2*	4.7*
20-24	15.0	21.3	8.9*	11.4	17.9	5.0*	**12.3**	17.2	7.6*
25-29	16.7	28.7	5.1*	13.8	18.4	9.4*	**13.0**	19.1	7.1*
30-34	17.6	27.2	8.5*	17.2	29.3	5.8*	**15.4**	23.3	8.0*
35-39	24.7	42.9	7.6*	22.1	30.4	14.4	**21.3**	34.8	8.5*
40-44	24.6	40.6	9.5*	19.5	30.9	8.8*	**17.4**	27.2	8.1*
45-49	21.5	36.6	7.3*	18.9	27.4	10.9*	**21.8**	35.3	9.0*
50-54	24.1	33.5	15.3	21.6	30.7	13.2	**24.4**	36.4	13.2
55-59	21.8	31.4	12.8	19.8	30.1	10.1	**19.7**	30.7	9.3*
60-64	14.1	20.0	8.6*	15.9	23.9	8.5*	**14.6**	21.4	8.3*
65-69	11.7	16.6	7.1*	8.7	14.9	2.9*	**12.0**	17.0	7.3*
70-74	9.0	15.1	3.4*	10.4	16.6	4.8*	**10.7**	17.2	4.7*
75-79	8.5	13.0*	4.8*	7.0*	10.7*	3.8*	**5.6***	8.7*	3.0*
80-84	7.5*	9.7*	5.9*	9.3*	18.6*	2.3*	**10.4***	21.1*	2.3*
85-89	5.7*	11.8*	1.9*	6.8*	14.4*	1.9*	**8.9***	19.9*	1.8*
90+	17.6*	25.7*	13.3*	4.3*	6.2*	3.2*	**0.0**	0.0	0.0

Source: **ScotPHO.** Overall rates for males, females and all persons are age standardised. Rates broken down by age group are crude. New coding rules used.
Age-specific rates based less than 20 deaths are marked with a "*" to warn users that their reliability is low.

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