

Suicides in England

4,912
people took
their own life in
2020

The suicide rate
in 2020 was
10.0
per 100,000



3,682
Male
75% | 15.3
per 100,000



1,230
Female
25% | 4.9
per 100,000

Age groups with highest suicide rate per 100,000



23.8

Male
45–49
years

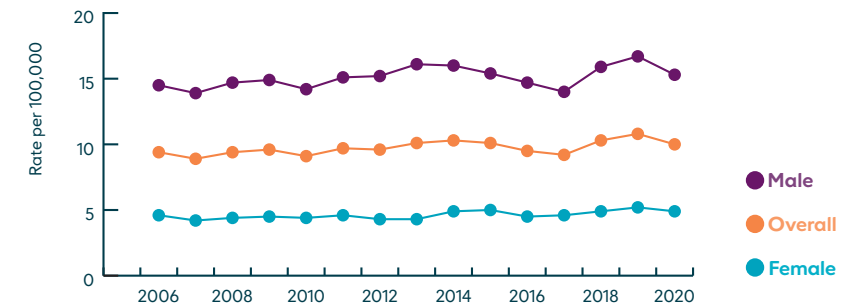


7.1

Female
45–54
years

The suicide rate among people aged 35–39 (13.1 per 100,000) has increased 3.1% compared to 2019 (12.7 per 100,000)

Suicide rate per 100,000 in England 2006–2020



Overall, the **suicide rate in England** has decreased by **7.4%** compared to 2019.

The **male suicide** rate has **decreased by 8.4%** compared to 2019.

The **female suicide** rate has **decreased by 5.8%** compared to 2019.

Males are **3.1x more likely** to die by suicide in England than females.

Notes about data: Data source – Office for National Statistics (ONS). Suicide refers to deaths where the underlying cause is **intentional self-harm** and **events of undetermined intent**. Data represents suicide registrations. Increases/decreases are based on one year of data. These may not indicate longer term trends and may not be statistically significant. Overall rates for male, female and all persons are age standardised. Rates broken down by age group are crude.

Appendices

England suicide numbers for all persons, males and females and by age group, 2018–2020

Table 1

England	2018			2019			2020		
Number of deaths for persons aged 10+	Overall 5,021	Male 3,800	Female 1,221	Overall 5,316	Male 4,017	Female 1,299	Overall 4,912	Male 3,682	Female 1,230
Number of deaths by age group (years)	Overall	Male	Female	Overall	Male	Female	Overall	Male	Female
10-14	10	6	4	10	5	5	14	7	7
15-19	178	121	57	176	118	58	147	106	41
20-24	358	277	81	379	297	82	307	235	72
25-29	391	294	97	464	349	115	393	288	105
30-34	443	351	92	487	380	107	456	348	108
35-39	420	319	101	473	361	112	489	374	115
40-44	456	353	103	486	372	114	413	318	95
45-49	648	491	157	589	460	129	560	430	130
50-54	555	424	131	585	437	148	533	398	135
55-59	398	299	99	472	357	115	451	337	114
60-64	313	227	86	359	274	85	344	254	90
65-69	228	159	69	218	153	65	221	167	54
70-74	186	141	45	226	169	57	206	154	45
75-79	153	119	34	150	109	41	134	96	38
80-84	137	115	22	119	87	32	109	74	35
85-89	95	70	25	83	62	21	84	60	24
90+	52	34	18	40	27	13	51	36	15

Source: Office for National Statistics

Appendices

England suicide rates for all persons, males and females and by age group, 2018–2020

Table 2

England	2018			2019			2020		
Rate per 100,000 for persons aged 10+	Overall 10.3	Male 15.9	Female 4.9	Overall 10.8	Male 16.7	Female 5.2	Overall 10.0	Male 15.3	Female 4.9
Rate per 100,000 by age group (years)	Overall	Male	Female	Overall	Male	Female	Overall	Male	Female
10-14	0.3*	0.4*	0.3*	0.3*	0.3*	0.3*	0.4*	0.4*	0.4*
15-19	5.7	7.6	3.8	5.7	7.4	3.9	4.7	6.6	2.7
20-24	10.2	15.3	4.7	10.9	16.6	4.8	8.8	13.1	4.3
25-29	10.2	15.2	5.2	12.2	18.1	6.2	10.4	15.0	5.7
30-34	11.7	18.6	4.8	12.8	20.0	5.6	11.9	18.2	5.7
35-39	11.3	17.3	5.4	12.7	19.5	5.9	13.1	20.2	6.1
40-44	13.4	20.9	6.0	14.2	21.9	6.7	11.9	18.4	5.4
45-49	17.1	26.1	8.2	15.9	25.0	6.9	15.4	23.8	7.1
50-54	14.2	22.0	6.6	15.0	22.7	7.5	13.8	20.8	6.9
55-59	11.1	17.0	5.5	12.9	19.7	6.2	12.0	18.2	6.0
60-64	10.3	15.2	5.5	11.5	17.9	5.4	10.8	16.2	5.5
65-69	8.1	11.6	4.7	7.8	11.3	4.5	7.9	12.4	3.8
70-74	6.8	10.8	3.2	8.1	12.7	3.9	7.3	11.5	3.5
75-79	8.2	13.8	3.4	7.7	12.1	3.9	6.7	10.3	3.5
80-84	9.8	18.6	2.8	8.3	13.7	4.0	7.5	11.6	4.3
85-90	11.0	20.5	4.8	9.4	17.7	4.0	9.5	16.8	4.5
90+	10.4	21.5	5.3*	7.7	16.2	3.7*	9.8	21.2	4.3*

Source: Office for National Statistics.

It is ONS best practice not to calculate rates based on such small numbers, as they are imprecise and susceptible to inaccurate interpretation. Age-specific rates based on less than 20 deaths are marked with a "*" to warn users that their reliability is low.